

Non Ablative Skin Resurfacing Post-Treatment: 1540

- Immediately following treatment, skin may feel warm to very hot. It is important to continue to ice for 1-6 hours post treatment.
- Do not apply occlusive products such as Vaseline and Aquaphor for the first 2 days following treatment because they will trap the heat in. Also, do not apply make-up for the first 3 days after treatment.
- After treatment it is important to use gentle products such as; gentle cleansers, moisturizers, ultra-calming serums, I Rescue Balm and an SPF 30-50. Sun Screen and sun avoidance are crucial post-treatment because the skin is very vulnerable at this time.
- Skin may remain red and/or swollen for 24 hours to 3 days post treatment. Grid marks may be visible during this time. In some cases, these marks will “bronze” and flake off. You may also experience some mild breakouts after 3 days and it will subside after several days.
- After 1 week you will start to see improvement in your skin.
- Based on your age and skin condition, it is recommended to have more than one treatment for optimal results.



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